Did You Know?

According to The Society for Women’s Health Issues, women are two-to-three times more likely than men to suffer from depression. Women are particularly vulnerable to depression and other mood disorders during hormonal transitions in the lifespan (puberty, pregnancy, menopause).

In Our Community...

There are athletic opportunities for exceptional children living with disabilities?

- Pró Karate Center offers an “exceptional kids” class in addition to their regular classes. Visit www.prokaratecenter.com for more information.
- “TOPS” is a program for young athletes with disabilities, organized by Oldsmar Youth Soccer staff and volunteers. Visit oldsmarsoccer.com to learn more.

Victorious Women's Network

Keeping It Real...

WELCOME TO THE VICTORIOUS WOMEN’S MINISTRY!

We founded this ministry with one main focus…empowerment. This ministry is not “ours,” it’s YOURS. So kick back, breathe a few nice deep breaths, and know that you are with a great group of women who love you and want you to know that you are special to us and to God.

By offering quarterly conferences, interesting daily blog posts, and fun social media interactions, we want you to grow stronger, feel loved, and never feel alone again because of the relationships you’ve gained by spending time with fabulous women in this network of powerful ladies. Furthermore, we want to empower you to use your God-given gifts by giving you a platform where you can share your unique abilities and talents with others.

Engage with us throughout the month of November as we look forward to growing with you. Check in with us on our Facebook page, read our daily blog entries, and register with us so that we can keep in touch with you. Enjoy this blessed season of giving. And thank you for attending UNBREAKABLE.

Keeping It Real,

Kelly & Shannon

Feature Article: None Lost Movement

A VICTIM OF CHILDHOOD ABUSE DEDICATES HER LIFE TO SPARING OTHERS

Nicole Marchman, now 32, knows first-hand the horrors of sexual and physical abuse, as well as domestic violence. For most of her childhood, she endured pain and anger at the hands of her biological parents, rejection and betrayal from foster families that were supposed to provide her a safe haven, and emerged only to barely survive the hurt and isolation brought on by an abusive husband. She became an expert at navigating and surviving the cycle of abuse. She is the definition of resilient.

Earning her BA Social Work from USF and her MA Social Work from FS, she visited children's homes in the Czech Republic, Trinidad & Tobago to study other foster care systems. Additionally, she is a state-wide, national and international advocate for foster children and has lobbied for various changes within the foster care system in Washington, D.C. Nicole specifically advocated for kinship care and better services for youth aging out of foster care. This dedication earned her a job as a Program Director of a Homeless Youth Program where she continues to work to spare others the evils she once encountered.

Educational Fun!

GO AHEAD, LET THEM PLAY ON THE COMPUTER!

Here’s just a few of the great websites out there that can help your kids keep their “game-on” over all the upcoming holiday breaks:

- solarsystem.nasa.gov
- www.dositey.com
- www.softschools.com/
- mrnussbaum.com/allgames/
- www.funbrain.com
- mathmovescu.com
- www.ixl.com
- quizlet.com
- typingweb.com
- scholastic.com

Family-Friendly Community Events:

- Nov 15th: Clearwater Garden Club Flower Show & Community Event, 10 a.m. clearwatergardenclub.org for details.
- Nov. 29th-30th: Thanksgiving Arts & Crafts Festival Tarpon Springs (all day)
- Nov. 21st-23rd Festival of Trees Tampa Bay uparcfoundation.org for details.

These are just a few; LIKE us on FB to see more great events to enjoy with your kiddos! We’re posting new ones all the time!

Subscribe to our newsletter via e-mail at victoriouswomen777@gmail.com